



Enjoy an evening with the members of the

Herb Society of Manitoba

<http://www.herbsocietymb.com>

Guest Speaker: Dawn Kitchingž

.....'BUi fU': fU a Ybŋ'

**Topic: Natural Properties/Qualities of
Ingredients in My Handmade Products**

Dawn will be speaking on some of the natural qualities 'UbX properties that are inherent in the plants, roots, 'VUf_ždYHJgž leaves, etc. that go into some of the products she loves to make.

Dawn practices Chi Nei Tsang, Cranio Sacral Therapy, 'ŋ]Xc`c[mž Lymph Drainage Therapy, Visceral Manipulation, 'UbX'FY_]'"G\ Y is Ugc`a certified Medical Intuitive and Quantum Practitioner.



Date: Monday, Ù^] c{ à^: Fì , 201Ī Á

Location Assiniboine Park Conservatory

Doors open at 6:30 pm; Meeting 7:00 pm to 8:30 pm; Doors close 9:00 pm

Yearly Membership: Individual \$25; Family: \$31 ; Corporate \$1 0

Admission: Members - FREE; Non-member - \$5

Mission Statement

The Herb Society of Manitoba is dedicated to promoting knowledge, use and enjoyment of herbs through education, programs, research and sharing the experience of its members with the community.