



Enjoy an evening with the members of the

## **Herb Society of Manitoba**

<http://www.herbsocietymb.com>

### **Guest Speaker: Ann Marie and Omer Gautron**



#### **Topic: How Do You Like Your Greens? Juiced, of Course!**

**Who ever would have thought that one could DRINK their greens? Wheatgrass packs a powerful punch in a small volume. We'll share our experience with growing and juicing wheatgrass.**

**Living in small town Manitoba, we have the space and ability to grow greens all year long. Being amateurs, we have had fun experimenting with different growing systems to produce our own greens from seed, from lettuce to wheatgrass.**

**Date:** Monday, October 17, 2016

**Location:** Assiniboine Park Conservatory

**Time:** 7:00 pm to 9:00 pm

Doors open at 6:30 pm; Meeting Presentation 7:00 pm to 8:00 pm; Doors close 9:00 pm

**Yearly Membership:** Individual \$25; Family: \$30; Corporate \$100

**Admission:** Members - FREE; Non-member - \$5

#### **Mission Statement**

The Herb Society of Manitoba is dedicated to promoting knowledge, use and enjoyment of herbs through education, programs, research and sharing the experience of its members with the community.